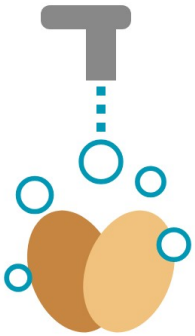
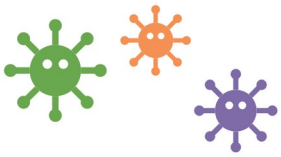
Infection Control

Easy Read: stopping germs from spreading



This is an **Easy Read** document.
A support person can read it with you.
Words in **blue** are explained on the **Hard words** page.

What is infection control?



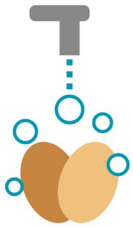
Germs can make people sick.

Infection control means doing things to stop germs from spreading.

Why it matters

We do this to keep you, our staff and everyone safe and healthy.

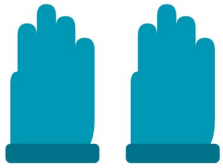
What our workers do



Wash our hands often.

Use **hand sanitiser**.

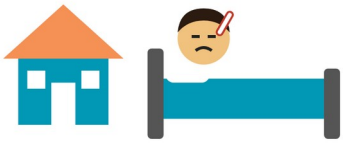
Wear gloves when needed.



Wear a **mask** if we are sick, or if you ask us to.

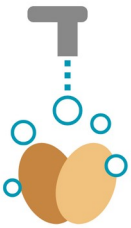
Clean surfaces and equipment.

Stay home from work if we are sick.



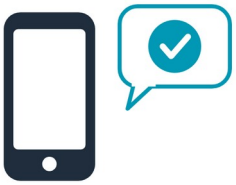
What you can do

Wash your hands often.

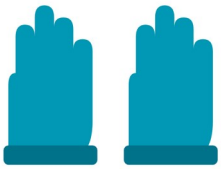


Cover your mouth when you cough or sneeze.

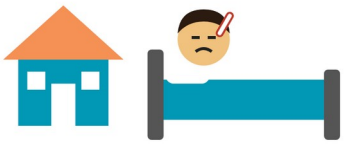
Tell us if you feel unwell.



Ask us to wear a mask or gloves if you want us to.



If a worker is sick



They will stay home.

They will tell their manager.

They will not come to work until they feel better.

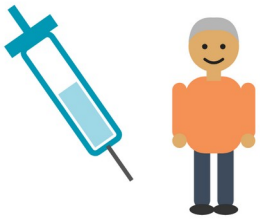
If you are sick

Tell us how you feel.

Ask for extra help if you need it.

We will still support you safely.

Vaccines



Vaccines can help stop some infections.

You can talk to your doctor about vaccines that might help you.

Questions

Talk to your support worker.

Call PPS on **0452 518 900**.

Email **admin@positivepathwaysservices.com**

You can ask someone you trust to help you.

Hard words

Germs	Very small living things that can make people sick.
Infection control	Things we do to stop germs from spreading.
Hand sanitiser	A liquid or gel that kills germs on your hands.
Mask	A cover for your nose and mouth that helps stop germs.
Vaccine	A medicine that helps your body fight some infections.

Document control

Version	Date	Endorsed by	Next review
2.0	21/10/2026	Sheillah Kerich, Director	10/2027

Based on policy CM.5.10 Infection Control.